

Fit Food Australia Weekly Covid Action Plan

Fit Food Australia Meals

Ingredients Purchasing Records

Date	Time	Outlet	
eg 8/8/21	7am	Market Fresh Chirnside	

Premises Cleaning

Date	Time	Procedure	
eg 8/8/21	10am	Mop Kitchen Floor	

Delivery Record - Always Non Contact Delivery. Using masks as per government requirements

Jot Form Orders Date	Hard Copy Customer Prep List - as per date	Location - noted in Quick book receipts	Delivery Drivers - Wyatt & Rachael
eg 8/8/21			

Post delivery Procedure

eg 8/8/21	Sanitise cooler bags	Review delivery receipts	

Fit Food Australia Personal Training

Each session is limited to 2 participants

Personal Training Schedule

Each Session Recorded - Client Name / Time / Date / Location / declaration of being covid symptom free (see - Personal Training Record)

Supplied to each client for every session - Mask / Hand Sanitiser / Sanitised Yoga Mat / Disposable Gloves